

## Venison Chili ala FRED Recipe

### Ingredients

- 1 lb Venison [ground]
- 1/2 c Onions [chopped]
- 1/2 ts Salt
- 1/4 ts Pepper
- 4 c Tomatoes [canned & chopped]
- 3/4 c Catsup
- 1 cn (15« oz) kidney beans

### Instructions

1. Combine the venison, onions, salt and pepper, and brown in a skillet, stirring `til crumbly
2. Add the remaining ingredients, and simmer for 45 min or `til it is of the desired consistency.

*Source: Cyndie Steria... Carthage NY in "Bill Saiff's Rod & Reel  
Recipes for Hookin' & Cookin'" cookbook typed for you with permission  
by Fred Goslin on CYBEREALM Bbs. in Watertown NY, home of KOOKNET at  
(315) 786-1120  
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