

## Crock-Pot Barbeque Recipe

### Ingredients

- 1 1/2 lb. boneless chuck steak, 1 1/2 inch thick
- 1 clove garlic, peeled and minced
- 1/4 cup wine vinegar
- 1 Tbsp brown sugar
- 1 tsp paprika
- 2 Tbsp Worcestershire sauce
- 1/2 cup catsup
- 1 tsp salt
- 1 tsp dry or prepared mustard
- 1/4 tsp black pepper

### Instructions

Cut the beef on a diagonal, across the grain into slices 1 inch wide. Place these in the crockpot. In a small bowl, combine the remaining ingredients. Pour over the meat, and mix. Cover and cook on Low for 3 to 5 hours.

Makes 4 or 5 servings

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